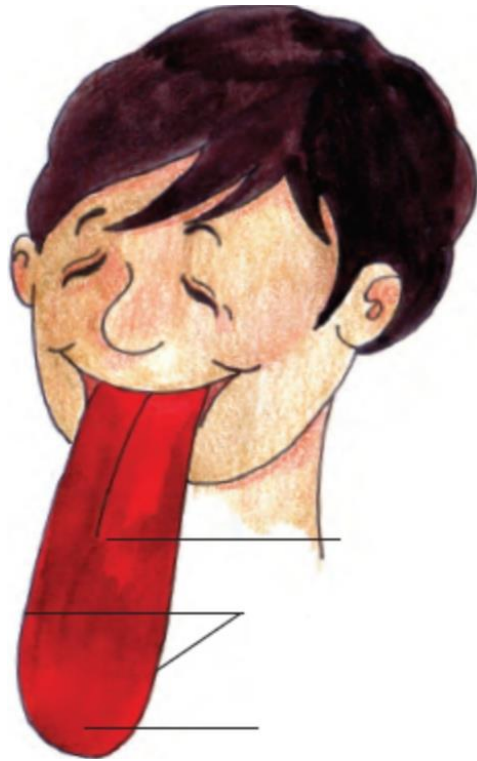


## WORKSHEET CHAPTER 3 AND 4

**Answer the following questions:**

- 1. What do you understand by ‘proper’ food?**
- 2. Why do you think that the food of Rashmi and Kailash was not proper?**
- 3. Why can you not taste food properly when you have a cold?**
- 4. Why was nitu given a glucose drip?**
- 5. Which taste could be made out on which part of the tongue? Mark these parts on the picture given.**



**6. What is the function of saliva present in the mouth?**

**7. Who was Dr. Beaumont? What did he find?**

**8. How do you come to know that food gets spoiled?**

**9. What items do you preserve in a refrigerator?**

**10. What is food preservation ? List the various ways in which food and vegetables can be preserved.**

**11. Glass jars and bottles are dried well in the sun before filling them with pickles. Why is this done?**

**12. What things are made in your house from ripe and unripe mangoes?**

**13. How is Mamidi tandra prepared?**

2. Fill in the blanks with appropriate words given in the box.

*salt, sugar, jaggery, lime, junk food, proper food, chew, gulp, glucose, Beaumont, Martin*

(i) We should eat food slowly and \_\_\_\_\_ it well.

(ii) One should be given a \_\_\_\_\_ and \_\_\_\_\_ solution when one has loose motion and vomiting.

(iii) A \_\_\_\_\_ drip is given to a patient for instant energy.

(iv) Dr \_\_\_\_\_ found that food is digested in the stomach by an acidic juice.

(v) The food that is needed for proper growth and development of a child is called \_\_\_\_\_.

**15.** How can we say that digestion begins in the mouth?