

Write a paragraph on A morning walk using hints given below and your own in 80-100 words:

A Morning Walk

Good for young and old..... refresh mind.... makes us smart and active.... light exercise.... see nature.. birds fly.... flowers laugh.... leaves dance... ponds.... canals.... full of water..... running water produces..... sweet music.... regular walk.... enjoy most. please give answer .

Answer

A morning walk is the best exercise. It costs nothing but it is suitable for all. The atmosphere at that time is very cool and refreshing. Everything looks fresh and gay. A cool breeze blows and a walk at that time is really very enjoyable. I daily go out for a walk. I never miss it and do our without fail. I get up early in the morning. I put on my clothes and go our towards the canal which is at a distance of two kilometers from our house. Atmosphere is very calm and quiet. I pass through the fields. They look charming and fresh.