

Class- 7

Sub- Civics

Ch- Growing up As Boys and Girls

1. Assertion (A): Girls in the 1960s in Madhya Pradesh often walked home in groups.

Reason (R): Girls were not allowed to use bicycles or loiter like boys due to safety concerns and social norms.

2. Assertion (A): Women's housework is not considered 'real work' in many societies.

Reason (R): The work is unpaid, routine, and assumed to be the natural duty of women.

3. Statement I: A housewife's daily schedule involves less physical labour than men working in offices.

Statement II: Domestic work is strenuous and time-consuming, yet socially devalued.

4. Statement I: Boys and girls are biologically conditioned to choose different careers.

Statement II: Social expectations and upbringing play a major role in career choices of boys and girls.

5. A girl wants to join a cycling club but is discouraged by her neighbours. Which of the following best explains the social situation?

- (a) Cycling is harmful for girls' health.
- (b) Neighbours are concerned about traffic safety.
- (c) Social norms discourage girls' freedom in public spaces.
- (d) Girls are not interested in outdoor activities.

6. Identify the correct answer using the hints:

It involves unpaid labour. It is often overlooked by society. What is being described?

- (a) Office work
- (b) Housework
- (c) School assignments
- (d) Physical training

7. Which of the following is NOT a correct reason for society undervaluing women's housework?

- (a) It is considered a woman's natural responsibility
- (b) It does not generate direct income
- (c) It involves fewer hours compared to men's work
- (d) It is invisible and emotionally exhausting

8. Why do you think society still differentiates between boys and girls in terms of career options, freedom in public spaces, and expectations in the home? Justify your answer with examples.

Ans- Reasons behind the inequality are-

- i) Boys and girls are raised with different rules and roles.
- ii) People assume boys are better at leadership and girls at caring.
- iii) Girls face more restrictions in public due to safety fears.
- iv) They are less encouraged to explore careers or sports.
- v) Traditions often expect women to focus on household duties.

9. Imagine a society where all housework is paid and respected. Describe one day in the life of a woman working both at home and outside in this society.

Ans- One day in the Life of a woman-

In this society, a woman wakes up early, makes breakfast, cleans the house, and gets her children ready for school. Each task she does at home is counted and fairly paid, just like any professional job. After finishing her housework, she heads to her office, knowing that both her roles—as a homemaker and a professional—are equally respected. In the evening, when she returns, her family appreciates her double contribution, and society views her as a strong, multi-skilled worker. Her earnings from housework are credited to her personal account, and this financial independence gives her more confidence and dignity.

10. Your classmate said, “My mother doesn't work. She's just at home all day.” How would you respond to help them understand the value of unpaid domestic work?

Ans- My explanations will be-

- i) I would explain that managing a home—cooking, cleaning, taking care of children, and maintaining the household—is full-time, unpaid work that requires effort, planning, and commitment.
- ii) I would ask them to imagine a day without their mother's help—no food, no clean clothes, no organized routine—and how difficult life would become.
- iii) I would remind them that just because someone doesn't earn money doesn't mean their work isn't valuable; their mother's role is essential for the whole family's well-being.