

- The Big Laddoo

1. Do you think it is possible to make a huge laddoo?

Ans - Yes, I think it is possible to make a huge laddoo with a lot of manpower.

2. During which festival is this particular sweet mostly offered?

Ans - Mainly during Ganesh Chaturthi this particular sweet is mostly offered.

3. Which ingredients are used to make laddoos?

Ans - Laddoos, a popular Indian sweet, are typically made with a combination of flour, ghee, sugar, and nuts, with variations depending on the specific type.

4. Why do you think the ocean water is salty? Name any two salty ions in the ocean.

Ans - The salt in the ocean comes from both rocks on the surface of the earth and from little openings in the sea floor. Two salty ions in the ocean are chloride and sodium.

5. Where does sand come from?

Ans - Sand is really nothing more than broken down rocks and minerals, battered over the years by rain, wind, and waves.

6. Why is it always windy at the beach?

Ans - Wind happens when there is warm land and a cool ocean, or a warm ocean and cool land.

Basically, the warm and cool meet and create windy conditions.

7. What are some healthy alternatives to sugar?

Ans - Some healthy alternatives to sugar include dates, mashed bananas, coconut sugar.

8. What are some common traditional desserts in India?

Ans - Some common traditional desserts in India are gulab jamun, kheer, sandesh, besan laddoo, barfi, jalebi, rasgulla, rasmalai and others.

9. Why is it important to limit sugar intake?

Ans - Excessive sugar consumption is linked to weight gain, diabetes, heart disease, and other serious

health issues. So reducing sugar intake is vital for overall health and can help prevent various diseases.

10. Do sweets cause tooth decay?
How?

Ans - Yes, eating sweets can contribute to cavities. Sugary foods and drinks provide a food source for bacteria in the mouth, which produce acids that can erode tooth enamel, leading to decay and cavities.